

Raegan Hollier, MEd, LPC
2626 Calder Suite 204 Beaumont, TX 77702

Informed Consent for Counseling

Therapist Qualifications

Raegan Hollier is a Licensed Professional Counselor (LPC) licensed by the Texas State Board of Examiners of Professional Counselors. No current or past restrictions, limitations, or disciplinary sanctions have been placed on my license.

The Counseling Process

The purpose of counseling is to allow a patient a safe, nurturing environment in which to work on one's mental health issues and life and relationship problems. During the course of therapy, I will draw upon various psychological approaches that will most benefit you and your particular situation. Some of the therapeutic models I utilize are cognitive-behavioral, solution-focused, person-centered, Gestalt, and reality therapies. I employ a variety of techniques during counseling sessions including psychoeducation, role playing, relaxation exercises, and reality testing. The ultimate goals of counseling are to promote well-being, resolve problems, and improve one's life. Counseling is a collaborate process between therapist and patient and will require your active involvement, honesty, and willingness to change. During therapy, you may experience uncomfortable feelings such as sadness, anxiety, grief, anger, or shame. These reactions are a normal part of the therapeutic process and I will assist you in working through them.

Sessions and Payment

Counseling sessions are 50 minutes long. If you are more than 15 minutes late, you will have to be rescheduled. Hollier Counseling will file an insurance claim on your behalf. You are responsible for any co-payment or full payment if your deductible has not been met. All payments are due at the time of service.

Records and Confidentiality

I am required by law to maintain records on each client. Records may contain the following: identifying information, session notes, treatment plans, reports from other professionals regarding your treatment, and billing information. The information you disclose in your session and the information contained in your mental health records are confidential and cannot be disclosed to anyone without your written consent or when required by law. Confidential information can be disclosed in the following circumstances: reasonable suspicion of abuse, neglect or exploitation of a child, the elderly, or the disabled, threats of suicide or homicide, for the purpose of processing insurance claims, when ordered by a judge, and other instances as required by law.

Cancellation

If you must cancel or reschedule an appointment, please text (409) 263-2461 or send an email to holliercounseling@gmail.com at least 24 hours in advance. Canceling an appointment with less than 24 hour notice will be subject to a \$50 fee. Failing to show for an appointment will be subject to a \$70 fee. FEES MUST BE PAID PRIOR TO YOUR NEXT APPOINTMENT. You will not be put on the schedule until the fee is paid. Multiple cancellations without 24-hour notice and/or multiple no-shows may result in termination of services.

Emergencies

If you feel suicidal or are experiencing a psychological emergency, please call 911 immediately or go to the nearest emergency room.

Complaints

An individual who wishes to file a complaint against a Licensed Professional Counselor may write to Complaints Management and Investigative Section, P.O. Box 141369, Austin, Texas 78714-1369 or call 1-800-942-5540.

CONSENT TO TREAT AND ACKNOWLEDGEMENT OF PRIVACY PRACTICES

I have read and fully understand this agreement and agree to abide by the policies stated within. I confirm that I have received copies of the privacy practices and clients' rights documents. I understand that neither Hollier Counseling nor Raegan Hollier make any guarantee of cure or treatment outcome.

Client Name (Please Print)

Client/Parent Signature

Date